

## 2023-24 Kent School District Athletics and Activities

**Guiding Vision Statement:** Our ultimate purpose of education-based activities is growth and development which focuses on behavior, socialization, and self-realization while promoting inclusivity for our culturally diverse student population.

All students grade 6<sup>th</sup> – 8<sup>th</sup> will have an opportunity to participate in athletics and activities.

A current **KSD Physical Examination** must be completed prior to participation middle school athletics (grades 6-8). It must be dated AFTER JUNE 1ST OF THE 5TH GRADE YEAR. Physicals may be valid for 24 months from the date of the examination if all guidelines are met. This form is available at the Middle and High School building, or it can also be printed from the Kent School District Athletics and Activities webpage.

### **Athletics**

#### **Season 1**

Co-ed Track and Field (no cut)

Girls Badminton (no-cut)

\*Boys Soccer V and JV

[Intramurals and Clubs](#)

#### **Season 2**

\*Boys Basketball V and JV

Girls Gymnastics (no-cut)

[Intramural and Clubs](#)

#### **Season 3**

Co-ed Wrestling (no-cut)

\*Girls Basketball V and JV

[Intramurals and Clubs](#)

#### **Season 4**

Co-ed Football (no sixth-grade participation) V is 8<sup>th</sup> grade only, JV is 7<sup>th</sup> grade only.

\*Girls Volleyball V and JV

\*Girls Soccer V and JV

[Intramurals and Clubs](#)

\***Varsity:** Composed of seventh and eighth grade students.

\***JV Teams:** Composed of sixth and seventh grade students.

**Intramural**

Intramural activities will begin the second week of each sport season, run for 7 weeks and are open to 6<sup>th</sup> through 8<sup>th</sup> grade students. Intramural activities will meet twice a week and may include a culminating activity the last week of each season.

**Clubs**

Clubs and Activities are offered on an annual basis are open to 6<sup>th</sup> through 8<sup>th</sup> grade students. Exploration into student interests can include Music, Dance, Drama, Cheer, Unified Sports, Robotics, Culinary Arts, E-Sports.

The Kent School District is committed to providing an inclusive and positive environment for all students and to encourage participation. We believe that an understanding of the unique physical, psychological, emotional, and developmental needs of all middle school age student participants should drive all aspects of middle school. Our goal is to guide middle school students, coaches, parents, and community to work together to influence all students to realize their potential to become the best versions of themselves in a safe environment. We believe middle school Education-Based Activity programs exist to connect students to the fabric and culture of the school which leads to academic and life-long success.