



June 2019 Elementary Breakfast and Lunch Menu



FREE SUMMER LUNCH for kids and teens will be available at many locations in Kent this summer. Find information about places, dates and times at the Kent School District website beginning mid-June.



Monday 6/03	Tuesday 6/04	Wednesday 6/05	Thursday 6/06	Friday 6/07
Breakfast Menus				
Banana Bread Cocoa Puffs	Yogurt and Granola Cinnamon Chex	Scrambled Eggs & Waffles Chocolate Mini Wheats	Breakfast Muffin (Egg & Cheese) Cinnamon Toast Crunch	Mini Cinnis Honey Nut Cheerios
Lunch Menus				
Yogurt, Sunflower Seeds and Mini Waffles (V) Chicken Nuggets and Fries	Bagel Cheese Pizza (V) Chicken Burger and Fries PBJ Sandwich and String Cheese (V)	Turkey Cheese Sandwich on a Bun Chicken Alfredo Build a Cheese Pizza (V)	French Bread Cheese Pizza (V) Fish Nuggets and Jojos	Toasted Cheese Sandwich (V) Barbecue Chicken Sandwich on a Bun
Monday 6/10	Tuesday 6/11	Wednesday 6/12	Thursday 6/13	Friday 6/14
Breakfast Menus				
Breakfast Wrap (Egg & Cheese) Cocoa Puffs	Breakfast Slider (Turkey/Ham/Cheese) Frosted Flakes	Mini Maple Pancakes Chocolate Mini Wheats	Pancake Sausage on a Stick Cinnamon Toast Crunch	Apple Cinnamon Texas Toast Honey Nut Cheerios
Lunch Menus				
Yogurt, Corn Muffin and String Cheese (V) Chicken Tenders and Jojos	Garlic Cheese Bread and Marinara Sauce (V) Hot Dog and Fries PBJ Sandwich and Sunflower Seeds (V)	Veggie Bites and Tots (V) Chicken Caesar Salad Build a Cheese Pizza (V)	Bean and Cheese Burrito (V) Chicken Leg and Jojos Pretzel Cheese Pack (V)	Cheese Pizza (V) Teriyaki Beef Dippers and Rice
Monday 6/17	Tuesday 6/18	Wednesday 6/19	Thursday 6/20	Friday 6/21
Breakfast Menus				
Sweet Cream Bites Cocoa Puffs	Breakfast Ripper (Turkey/Ham/Cheese) Cinnamon Chex	Twin Berry Cream Twist Chocolate Mini Wheats	Breakfast Muffin (Egg & Cheese) Cinnamon Toast Crunch	Cinnamon Roll Honey Nut Cheerios
Lunch Menus				
Yogurt, Apple Berry Bar and String Cheese (V) Fish Nuggets and Jojos	Bagel Cheese Pizza (V) Chicken Burger and Fries PBJ Sandwich and Sunflower Seeds (V)	Bologna Cheese Sandwich on a Bun Pasta, Meatballs and Sauce Build a Cheese Pizza (V)	Macaroni and Cheese (V) Brunch-4-Lunch Ch Omelet, Turkey Sausage, Potato	Cheesy Bread Sticks (V) Chef's Choice
Monday 6/24	Tuesday 6/25			
Breakfast				
Breakfast Wrap (Egg & Cheese) Cocoa Puffs	Assorted Cereal			
Lunch				
Yogurt, Blueberry Loaf and String Cheese (V) Hummus, Pretzels and String Cheese (V)	Last Day of School Early Dismissal – No Lunch			

BREAKFAST: Students are offered a choice of four food items from three food groups: grains, fruit and milk. Students are required to select full servings of three out of the four food items to be considered a meal. One choice must be a fruit.

LUNCH: Students are offered a choice of items from five food groups: meat or meat alternate, grains, fruit, vegetables and milk. Students are required to select full servings of three items from the five food groups to be considered a meal. One choice must be a fruit or vegetable.

Make online payments to meal accounts and check balances at www.lunchmoneynow.com/lmn001

Breakfast Prices:	Lunch Prices:
\$1.75 Student Breakfast	\$2.70 Student Lunch
\$0.00 Reduced K-6 Breakfast	\$0.00 Reduced K-3 Lunch
\$2.50 Adult/Visitor Breakfast	\$0.40 Reduced 4-6 Lunch
	\$4.00 Adult/Visitor Lunch

All meals include milk.
Milk Only 50¢ V=Vegetarian Choice

Menu items subject to change depending on availability of products.

On-line applications for free and reduced meals are available at the Kent School District website (www.kent.k12.wa.us). Paper applications are available at school offices and must be returned to Nutrition Services for processing. Approval of applications may take up to 10 days and students pay full price until an approval is received.

This institution is an equal opportunity provider.
Comments or Questions? Nutrition Services 253-373-7275